

THETFORD TOWN NEWSLETTER

No. 112

AUGUST 2013

THETFORD ACADEMY

*Fun Runs continue...Tuesday nights at 6:00pm behind TA. Don't miss a good time!

***Sports practices for Thetford Academy students in grades 9-12 start Thursday, August 15.** Contact Athletic Director Jade Huntington at TA 802-785-4805 x218 or jade.huntington@thet.net for schedules. **Middle school practices begin on Thursday, August 29.**

***Orientation and tours for new students and their families will be held on Thursday, August 22, starting at 6:00pm.** Call TA at 785-4805 for more information.

***Tuesday, August 27, is opening day for students at TA.** Please be aware of the increased traffic on the hill during the school day, particularly during start and dismissal times

Submitted by Wendy Cole

THETFORD RECREATION FALL PROGRAMS

SOCCER GRADES K – 6

Registration available thru the week of Sept 16th for Fall Soccer
K – Saturdays, Sept 14 – Nov 23, Noon – 1:00
1st/2nd – Weds, 3:00-4:15 & Sat, 11:00 – noon, Sept 11 – Nov 23
3/4 Girls – Tue/Thur 3:00 – 4:30, Sept 10 – Nov 28
3/4 Boys – Tue/Thur 4:30 – 6:00, Sept 10 – Nov 28
5/6 Girls – Mon/Wed/Fri 3:00 – 4:30, Sept 9 – Nov 29
5/6 Boys – Mon/Wed/Fri 4:30 – 6:00, Sept 9 – Nov 29

OUTDOOR ADVENTURE/ NATURAL ARTS & CRAFTS

Mondays — September 11 throughout the year. 3:15 – 5:15 at Open Fields School. Register monthly, price varies dependent on number of sessions for the month.

DODGEBALL – DARTMOUTH ATHLETES UNITED

Sundays at Dartmouth College Field House
3:00 – 4:00 September 29 – November 10
One afternoon a week at TES – TBA

KARATE

One afternoon per week at TES – 3:00-4:00

Submitted by Kathi Meyerson

DEADLINE SUBMISSION for the SEPTEMBER NEWSLETTER is PRIOR to Friday, August 16th. The September newsletter will be out BY August 22nd. Send news including contact name and telephone number to Sheila Fifield at Sheila.fifield@aol.com. (If you don't have access to email, please call me at 802-333-3577). Please list Thetford Town Newsletter in subject line. Thanks ~ Sheila

THETFORD ELDER NETWORK (TEN) AUGUST LUNCHEON CANCELED

Due to unavoidable schedule conflicts, the Thetford Elder Network (TEN) Luncheon for August has been canceled.

We look forward to resuming monthly luncheons with the **September 26** event and will welcome you back on that day.

Have a pleasant summer!

Submitted by Susan Rump

VISIT THE HUGHES BARN MUSEUM THIS SUMMER—2274 ROUTE 113, THETFORD

**Open Sunday afternoons
from 2:00 to 5:00 pm on the dates below:**

Special Events include:

August 11—Traditional Arts and Crafts Day—Tour our four buildings full of Thetford's history! Live music, demonstrations by artisans and craftspersons, and an opportunity to purchase their wares in an outdoor marketplace setting.

August 18—4th Annual Pie Contest. Roll that dough! Peel that fruit! Whip that cream! It's time to bake your best pie for our Pie Contest. Adult and Youth divisions. Not a baker? Come enjoy a slice. Celebrity judges, great prizes.

August 25—Whatsits—What's a 'Whatsit'? Join former Lyndon State College history professor Allen Yale as we examine artifacts from bygone days that reside in our Barn Museum. Have an interesting item that you'd like identified? Bring it along and we'll do our best.

September 1—A Time Before Vermont—For 12,000 years, the Abenaki and their ancestors have lived in northern New England. Through stories, slides, discussion, music and dance, Michael Caduto imagines a living past, exploring the deep connection Native peoples maintain with their homeland.

September 8—Apples and Cheese Day—Sample some Vermont apples, try your hand at pressing cider, and learn all about fresh Mozzarella cheese, with cheese makers Beth Carlson and Heather Gallagher. Pre-registration required for cheese-making workshop - space is limited.

For more information, call (802) 785-2068, or visit www.thetfordhistoricalsociety.org

Submitted by Martha Howard

THETFORD ENERGY COMMITTEE

Energy-Saving Tips for Keeping Your Home Cool When It's Hot

It's much cheaper (and uses less energy) to prevent heat build-up in your home than to artificially cool it using air conditioning. To keep your home cool in the heat of summer, close doors and windows when the temperature outside is warmer than your home's interior. Prevent the sun from heating your house through window treatments. The US Department of Energy has great advice on several options that can keep your house cooler, including:

- Window awnings reduce solar heat gain in the summer by up to 65% on south-facing windows and 77% on west-facing windows
- Reflective blinds reduce heat gain by around 45%
- Medium-colored draperies with white-plastic backings reduce heat gains by up to 33%

For more information about how these and other window treatments can help keep your house cool, visit <http://energy.gov/energysaver/articles/energy-efficient-window-treatments>

When the outside temperature has cooled off, open up the house and let the cool air in. (If heat builds up inside your home during the day, use a window fan or box fan to pull hot air out and cool air in.)

Reduce sources of interior heat (and use less energy) by using the microwave or toaster oven instead of the regular oven. Cover pots when cooking and use the fan above the stove to pull hot air out. Turn off your computer, printer, and other office machinery when not in use.

A well-insulated house keeps the day's heat out and low-E windows reduce solar gain in the summer. If you are considering some home improvements this year, check http://www.energystar.gov/index.cfm?c=tax_credits.tx_index for tax credit information related to energy efficient windows, doors, and insulation. Tax credits are good until December 31, 2013.

Submitted by Alice Stewart Thetford Energy Committee

TREASURE ISLAND BEACH PARTY

**Come celebrate the end of swimming lessons
with a beach party on the last day!**

Friday, August 9, from 12-4pm!

Potluck BBQ at 12noon,

DJ,

Dancing on the beach,

lifeguard-led games and contests all afternoon,

and more!

Bring a dish!



Submitted by Scott and Ann O'Hearn, Treasure Island Managers