

## THETFORD ELDER NETWORK AUGUST 2019 LUNCHEON

August is here, with all its late-summer bounty! Come to the the North Thetford Church Thurs., Aug. 22, at 11:30 AM for a delicious meal of stir-fry veggies with tofu, tasty brown rice, salad, a beverage, ice cream and fortune cookies.

Let's get together to share updates and perspectives on community news and the warm-season events around us.

Our monthly TEN Luncheons, usually the fourth Thursday, are supported by a grant from Senior Solutions and by a suggested donation at the door—\$5 if you can, to help fund future meals.

If you would like to help with one task, please call Cathy at 785-3136.

Warm thanks to everyone who makes the Luncheons so successful—our generous donors, our volunteers, and our guests!

*Susan Rump*

## SENIOR COFFEE KLATCH

The Senior Coffee Klatch will be held in August on the FIRST Wednesday rather than the second one. That makes it Aug. 7th, same time and place, at the Thetford Center Community Center, 10-11:30. We've had lots of people come the last few months and hope to have you join us! Call for a ride, 802-222-7885. This event is free, seniors 60-90+, quite a few men as well as women, most people who come once come back!

*Pril Hall*

## NONFICTION BOOK DISCUSSION GROUP

The next meeting of Thetford's informal nonfiction book group will take place at Latham Library on Thetford Hill on Tues., Aug. 27th at 7 pm.

We will be discussing *She's Not There: A Life in Two Genders*, by Jennifer Finney Boylan. For James Boylan, in his heart he knew that his true self and

his outward persona were at odds. Outwardly a man, inwardly he longed to be a woman. At forty, husband to a wonderful wife, father of two boys, author of four successful books and popular professor of English, he faced the fact that his discomfort showed no signs of abating and made the difficult but necessary decision - to change genders.

You can find the book at your library; via interlibrary loan; as an audio or e-book via the Green Mountain ([gmlc.overdrive.com](http://gmlc.overdrive.com)) or New Hampshire ([nh.overdrive.com](http://nh.overdrive.com)) library consortiums; from your bookseller; or at [bookfinder.com](http://bookfinder.com). All are welcome and we look forward to seeing you.

*EDM Landman MD*

## THETFORD ENERGY COMMISSION

### ENERGY TIP FOR AUGUST

Electric Mowers- Push or Robotic- no gas, belts or oil to maintain, and SO quiet and light compared to gas mowers. We bought a Push DR 62V rechargeable battery powered mower from Country Home Products in Vergennes, VT ([drpower.com](http://drpower.com)). Price comparable to gas mowers, but never having to buy gas to mow is money in my pocket. We love it. Robotic mowers mow unassisted, hills too. Green Energy Times 5/19 review "I haven't mowed my 2 acres of lawn for four years now... my Robomow RS630 mowers came to do it for me." Green E-Mowers 802-439-6675. Save time, money and fuel with electric mowers.

*Mary Bryant*

## COMMUNITY NURSE OF THETFORD

Office hours at the Upper Valley Pediatrics Office in East Thetford (former Merchants Bank) across from Isabell's Café are Wednesdays, 1-3 PM. Blood pressure checks, medication review, caregiver resources, advocacy and education related to health care

challenges. Call or email for an appointment. Services are free and confidential. Available for phone and home visits.

*Cindy Grigel RN*

802-738-9066, fax 802-785-4709

[communitynursethetford@gmail.com](mailto:communitynursethetford@gmail.com)

[communitynurseofthetford.weebly.com](http://communitynurseofthetford.weebly.com)

## PARISH PLAYERS

Coming this fall: Sarah Gilman's *Spinning Into Butter*, directed by Kay Morton and produced by Ray Chapin and Mike Backman. The show is based on an actual account of a racially charged incident that happened at Middlebury College in the 1990s. Though laced with humor and wit, this play is provocative and smart, leaving us with questions and realizations of our own judgments and preconceptions about race, age, religion, sex, and class. Sometimes things aren't what they seem, as a surprise twist in the story reveals. Look in next month's newsletter to find out who will be in this cast of seven! The show will run the last weekend of September, and the first weekend of October.

Our last production of *Flash Mob Caesar*, played to a completely sold out crowd in spite of the ninety-plus degree temperatures! Our goal to fund an air-conditioning system is getting closer, but we still need your help to make this dream come true. Imagine how nice it will be to comfortably enjoy a performance at your little theater on "The Hill," no matter the weather outside. Please be a part of this exciting endeavor of working to bring you quality theater the whole year round! Please send your contribution to Parish Players C/O Treasurer, 193 Academy Road, PO Box 136, Thetford, VT 05074, or at [parishplayers.org](http://parishplayers.org).

*Katherine Morton*

## THETFORD LIBRARIES

### LATHAM LIBRARY

**Museum passes:** Did you know that Latham Library offers passes to area museums and cultural sites? These are available on a first-come, first-served basis and are checked out for three days at a time with your library card. We have added new passes including the Enfield Shaker Museum so check [thetfordlibrary.org](http://thetfordlibrary.org) to see the list!

**“Universe of Stories” summer reading program:** Starting June 19 at both Latham and Peabody Libraries, sign up for a reading log to keep track of what you read over the summer. Get a prize for signing up, and a certificate and gift upon completion of the program. Open to all ages. Please check our website to see the full list of Universe of Stories programming!

### UPCOMING EVENTS AT LATHAM LIBRARY

Monday, August 5, 3:30pm: Jacqueline Soule presents **PLANT UNIVERSE!** Discussion about how people could feed themselves if they lived in outer space all the time, or on the moon. Introduction to the concept of biospheres and nutrient cycles. Dr. Soule will demonstrate biospheres - then everyone makes one themselves to take home! Best for ages 4 and up (youngsters should be accompanied by an adult, please).

Thursday, August 22, 4:00pm: **“Stories of the Stars: Myths of the Zodiac”** with astromythologist and storyteller Kelley Hunter. Best for ages 10 and up.

### ONGOING PROGRAMS AT LATHAM LIBRARY

**Storytime** Every Friday at 11:00 am, unless noted. Stories and songs for preschoolers and their siblings. All are welcome!

**Knitting group** Thursday evenings from 6:00-8:00 pm. Beginners and experienced knitters welcome.

### PEABODY LIBRARY

**Summer Saturdays at Peabody Library:** Peabody Library will be open on Saturdays from 10:00-1:00 from July 13-August 17.

**Peabody Library Summer Storytime at Treasure Island Beach** Wednesdays at 11:00am through August 14. Join us at the Treasure Island gazebo for stories, weather permitting. All ages welcome!

### UPCOMING EVENTS AT PEABODY LIBRARY

**Middle Grade Book Club** for students entering grades 5-8. Wednesdays at 6:30 pm. August 7: *Half Magic* by Edward Eager. Books are now available to borrow at Latham and Peabody Libraries.

**Summer Book Discussion Series** Wednesday, August 14, 7:00pm. *The Book of Unknown Americans* by Cristina Henriquez. Books are available at Latham and Peabody Libraries.

**Annual Penny Carnival** Wednesday, August 21, 3:00-5:00pm. Games, prizes and food for a penny each! Children's book sale, raffle, music, and the oldest and ugliest penny contests. Start saving your pennies! Interested in volunteering? We are looking for kids ages 10 and up to help with games and the food table. Contact us at [librarians@thetfordlibrary.org](mailto:librarians@thetfordlibrary.org).

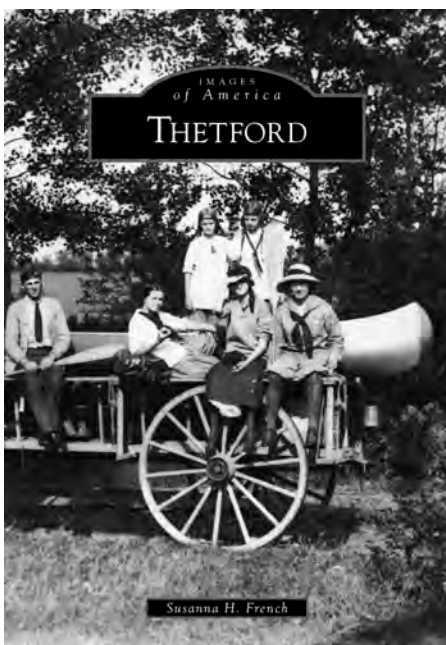
For more information, including lists of new books and movies, please visit [thetfordlibrary.org](http://thetfordlibrary.org) or follow us on Facebook [@thetfordlibraries](https://www.facebook.com/thetfordlibraries).

Emily Zollo

## GOT NEWS?

Is your news of general interest to Thetford residents? Call me at 356-4542 or send *brief* submissions to [thetford@pendane.com](mailto:thetford@pendane.com) by the 29th of the month. I generally enter news in the order in which it is received, and may need to edit for space. There may not be room for late submissions (but I do my best). I welcome your feedback.

Susanna French



## HEY, THAT'S MY HOUSE!

No summer cabin is complete without a photographic history of its town. Your editor (that's me) has written just such a book for Arcadia Publishing's *Images of America* book series.

It's full of images from the 1860s to the 1970s, including the places we all know and love: our general stores, lively villages, summer camps, covered bridges, and historic homes.

Also included are many places lost to time: the Malmquist Mill, Thetford's village schoolhouses, the homes and businesses demolished for the dam and highway, and places devastated by fire and flood.

*Thetford* makes a great gift for friends and family who have moved away, have summer homes here, or attended camps in town!

*Thetford* is available at local general stores and at the Norwich Bookstore. Order securely at [susannafrench.com](http://susannafrench.com) or to pay by check, call 356-4542 or email me at [susanna@susannafrench.com](mailto:susanna@susannafrench.com).

Susanna French